KINGSGROVE HIGH SCHOOL

Year 5/6 students and parents are invited to Kingsgrove High School's OPEN AFTERNOON
TUESDAY 10th March
3.30pm to 6.00pm in the School Library
 Tour the school
 Talk to the Principal and staff ut our educational programs

Cnr Kingsgrove & Stoney Creek Roads,
Kingsgrove NSW 2208
Phone: 9150 4416
www.kingsgrove-h.schools.nsw.edu.au

ARNCLIFFE PUBLIC SCHOOL
168 Princes Highway Arncliffe NSW 2205  Phone (02) 9567 5060  Fax (02) 9556 1002
Email arncliffe-p.school@det.nsw.edu.au

NEWSLETTER WEEK 5 TERM 1 25.02.15

VALUES ASSEMBLY AWARDS

KJ: Sophia W  Adam E
KM: Ali T  Ren O
KP: Timah S  Damon D
1K: Ali R  Noor El D
   Lara H  Bilal T
1M: Ziggy C  Jayah E
   Maysaa G  Ali El S
1/2D: Sofia F  Joshua G
       Kyra D  Marek S
2R: Yasmin E  Angelo M
     Jayden T  Zahra H
2W: Neharika C  Jackson K
     Howraa H  Mahdi T
3M: Yara H  Hussain T
3O: Zayn E  Jasmine G
3/4K: Phoebe E  Bilal A
4A: Maggie A  Moussa H
4G: Lilly K  Ibrahim H
5/6D: Charlotte L  Stefanie K
5/6G: Mariah K  Patrick K
5/6P: Mariam T  Zoe P
5/6S: Fatima B  Hannah K

SILVER AWARDS
Donyia M, Naymuddullah F

SPECIALIST CLASSES
Drama: Alexander M, Megan F

Mathletics Gold Awards
Narika C and Steven H

ASSEMBLY NEXT WEEK
K-2: 2W
3-6: Prefects
COMING EVENTS - MARCH

Term 1 Week 6
- 3rd P&C meeting at 9:15 am in the staffroom
- 6th PSSA

Week 7
- 9th Kindergarten finishes at 3:00 pm from today
- 10th Kinder Teddy Bears Picnic Day

BOTANY BAY FOOTBALL REP

Congratulations to Nicholas M who has been selected as a member of the Combined Schools Botany Bay Football team. The team will play against Georges River next Wednesday and we wish them well.

At the end of March, Nicholas and his family will be traveling to Spain as Nicholas is a member of Sydney Olympic who is representing Australia. This is the Junior World Cup known as the Mediterranean International Cup (MIC). Sydney Olympic will be competing against the world’s best junior teams. Nicholas is a skilful right wing, best known for his speed and sportsmanship.

We wish Nicholas every success and we will be cheering for Sydney Olympic. You can follow the progress of the team and in particular Nicholas on the App “MIC”. This is an outstanding achievement for Nicholas and perhaps we will one day see Nicholas as the next Tim Cahill of Australian Soccer!!

MOVING INTO YR 7 IN A NSW GOVERNMENT SCHOOL IN 2016

Shortly parents of students in Year 6 will receive the “Moving into Year 7 in a Government School in 2016” booklet. This booklet provides information about government secondary schools and includes the Expression of Interest form for placement in Year 7, 2016 in a NSW government school. Year 6 parents need to complete this form to indicate their preference for the school in which they would like to enrol their child for Year 7. The school will fill in for each student their designated local secondary high school. The completed booklet must be returned to the school no later than Friday 20th March 2015.

In 2015, the Year 6 Orientation Day for High Schools has been scheduled for Thursday 3rd December.
YEAR 6 PARENTS - HOW TO FILL OUT HS APPLICATION FORMS

For those parents who were unavailable to attend the ‘Stage 3 Meet the Teacher Afternoon’, we will be hosting a short afternoon session next Tuesday 3rd March 2015 from 3:15pm to 4:00pm on how to fill out high school application forms. It is imperative that a parent attends this session to hear the important information and collect the required high school forms. These forms will not be handed out directly to the children.

The session will take place in Mrs Pavlovski’s classroom.

CYBER TECHNOLOGY AND SOCIAL MEDIA AWARENESS WORKSHOP FOR PARENTS HAS BEEN POSTPONED DUE TO ILLNESS. THE EVENT WILL BE SCHEDULED FOR LATER IN SEMESTER 1

ST GEORGE DRAGONS SCHOOL VISIT

Last Thursday we had a visit from some members of the St George Dragons NRL team. Kiti Glymin was one of the team who presented a very informative and valuable session on student well-being and choosing a healthy lifestyle. Kiti is a former student and School Captain, so it was a delight to welcome him back to our school. The students were very engaged in the presentation and were reminded about the importance of choosing healthy foods, drinking plenty of water, ensuring they have a good night’s sleep and participating in a healthy lifestyle.

STEWART HOUSE

Stewart House is a hospital, a charity and a school. It provides health care and short-term respite care for children in need who are enrolled in public schools in NSW and the ACT. Stewart House receives no government funding, therefore fundraising, salary contributions and donations play an essential role to ensure they continue to provide this great service to children.

Encouraging children to be a part of charitable action has many benefits. It helps teach empathy, shows children that their actions can have a positive impact, helps connect children to their (local, national, or international) community and helps children better understand and cope with unpleasant events.

The Stewart House used clothes bags will be sent home to be filled by each family. The pick-up date for the bags is Wednesday 25th of March 2015. Please leave all bags outside the school staffroom.

Thank you for your generosity!
THE TELL THEM FROM ME STUDENT FEEDBACK SURVEY FOR STUDENTS YEARS 4-6

I am delighted that this term our school, like many others in the state, will participate in a Department of Education and Communities initiative: the Tell Them From Me student feedback survey.

The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW wide survey is on student wellbeing, engagement and effective teaching practices. The survey is for students in Years 4-6.


The survey is a great opportunity for our students to provide our school with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential and school staff will not be able to identify individual students from their responses. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 9 March and 2 April. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you do not want your child or children to participate, please return the form to school by Friday 27 February. Copies of the form and FAQs are available from the website above.

CLEAN UP AUSTRALIA DAY

This Friday 27th February our school will be participating in the annual Clean Up Australia Day by cleaning our school grounds and external periphery. It is important that the students wear a pair of plastic/rubber/gardening gloves and where possible bring a bag to collect the rubbish. This event is a valuable community service for our students to experience through participation.

KINDERGARTEN FINISH SCHOOL AT 3:00 PM

Commencing Monday 9th March Kindergarten finishes at 3:00 pm
EXCURSIONS

There are a number of excursions coming up. A reminder to parents that each excursion has a final day for payment. Money **will not** be accepted after this final day. Every endeavour is made to give at least two weeks’ notice of any upcoming incursion/excursion.

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<thead>
<tr>
<th>Date</th>
<th>Stage</th>
<th>Excursion</th>
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<tr>
<td>4&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>2</td>
<td>“The Rocks”</td>
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<td>10&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Kindergarten</td>
<td>“Teddy Bear’s Picnic”</td>
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<td>18&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>3</td>
<td>“Art Gallery”</td>
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<td>24&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Kindergarten</td>
<td>“Cronulla Beach”</td>
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<td>30&lt;sup&gt;th&lt;/sup&gt; March</td>
<td>Year 1</td>
<td>“Vaucluse House”</td>
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<td>1&lt;sup&gt;st&lt;/sup&gt; April</td>
<td>Year 2</td>
<td>“Vaucluse House”</td>
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<td>2&lt;sup&gt;nd&lt;/sup&gt; April</td>
<td>K-6</td>
<td>Easter Hat Parade</td>
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BANKING NEWS

SECOND ACCOUNT OPENING MORNING

If you missed the account opening afternoon and would like your child to participate – don’t worry we are having a morning account opening also. This will be the last opportunity to open an account at school but you can go to a Commonwealth Bank branch at any time and they will open a Youthsaver account for your child and give you the deposit book and wallet.

If you would like to open an account at school, a representative from the Commonwealth Bank will be at APS this **Friday 27 February 2015 from 8.30-9.15am** to open an account for you.

If you are a Commonwealth Bank customer already you can open an account for your child online. Alternatively, if your child has an existing Commonwealth Bank Youthsaver account they can start banking straight away (a Youthsaver account can be opened at any branch). They just need to bring their deposit in every week using their Dollarmites deposit wallet. If you have an account but no wallet, we can provide the wallets and deposit books to you (you just need to know your account number).

If you have any questions or are interested in volunteering to assist with school banking (help is always welcome!!) please contact our School Banking Coordinator Rowena Irish by email at rowenairish@optusnet.com.au or phone on 0412 055 557 or drop by on a Friday morning during school banking.
The P&C has hit the ground running in 2015, largely due to the commitment of those involved last year. Many, many thanks to Roz Kaye for her diligent work as Treasurer in 2014. Roz has now left the role, with the P&C's finances in great shape. She has handed over to Caitlyn Newton-Broad for 2015. Welcome Caitlyn.

Also moving out of the executive is Mary Macrae, who has our utmost gratitude and respect for her dedication to the P&C. Last year, as President she also shouldered the load of Secretary for several months. Thank you Mary for steering the P&C so well. In her place the committee welcomes Matt Smyth as Secretary, and expects to announce its new President after its next meeting, on Tuesday 3rd March at 9:15am (all interested parents are most welcome to join us!).

Easter Raffle: The P&C will run its annual Easter Basket raffle in the lead up to Easter. Winning tickets will be drawn at the school’s Easter Hat Parade on Thursday April 2nd. Funds raised at P&C events are donated to projects that enhance the school’s environment and resources.

Easter Raffle booklets

There are 10 tickets per book @ 50c ea. = $5.00 total book value.

If you would like more tickets feel free to request them at the office.

When you sell a ticket, please write a name & phone number, or student name and class, on the left handside of the ticket, and give the buyer the right hand side (they tear apart in the middle).

The raffle will be drawn at the Easter Hat Parade on Thursday 2nd of April.

If the buyer is not present we will ring them with the prize details.

We are kindly asking for donations of chocolate Easter Eggs, bunnies & baskets. All donations can be handed to your child’s teacher or handed in at the Front Office.
EASTER HAT PARADE

Our tradition at Arncliffe Public School is our annual Easter Hat Parade. All the students in K-2 participate in the parade by wearing a homemade Easter Hat and performing a number of dances for the school. This is a colourful and popular event so please note the date: Thursday 2nd April (which is the last day of Term 1)

This is early notice for parents and children so that they can think about designing and making their hat. Students in years 3, 4, 5 & 6 are also welcome to design and make an Easter Hat.

LIBRARY NEWS

Gold Coin Bookstall
Out with the old and in with the new!
On Thursday 19th March at lunch time and after school (from 3.00 – 3.30), we will be having another gold coin book sale in the library. There will be hundreds of novels and picture books for sale! The books are all old library stock so some are very well loved but all the books will cost just a gold coin each. Come and give an old book a new home!
All money raised will go towards buying new books for the library.

Premier’s Reading Challenge:
The Premier’s Reading Challenge opens on 2nd March. For those new to the school, the Premier's Reading Challenge (PRC) is available for all NSW students in Kindergarten to Year 9. The Challenge aims to encourage a love of reading for leisure and pleasure in students, and to enable them to experience quality literature. It is not a competition but a challenge to each student to read, to read more and to read more widely.
The Premier’s Reading Challenge website can easily be found by typing PRC into a Google search. Login details for students are the same as their school internet login. Please check with your class teacher if your child can’t remember their details.
A note will be sent home soon with more information and all the details you will need to add books to student reading logs.

General News
Library days for each class have been updated on the school website. Please remind students from Kindy to Year 4 to bring their library bags so that they can borrow and please find the time to share in reading their library books with them. It’s a great way to encourage a love of reading.
General rules for borrowing are also on the school website. If you have any questions please don’t hesitate to see me before or after school in the library.

A reminder that we have a parent’s book swap operating just outside the library. Parents are free to come and choose a book from the shelf and/or to leave a book for others to read. There is a large selection of books to choose from.

Happy reading,
Mr Neufeld
Moorefield Girls High School
Open Night
Wednesday 4 March 2015
6:00pm - 8:00pm

At Moorefield Girls High School we have three gifted student programs:
- Academic Gifted and Talented Class
- Visual Arts Gifted and Talented Class
- Talented Athlete Program

Out of Area and GAT Program Applications Due: 23 March
Academic GAT Class Entrance Testing: 30 March

- Explore our school and see our student successes.
- Experience the learning.
- Discover our academic and visual arts classes and talented athlete program for gifted students.

Find out more at:
www.moorefield-h.schools.nsw.edu.au
Email: moorefield_h.school@det.nsw.edu.au
Phone: 02 9567 6095

Meet our Teachers and Inspiring Young Women

JAMES COOK BOYS TECHNOLOGY HIGH SCHOOL
Welcomes the community to Open Night 2015
Wednesday 4th March 6-8pm

2014 Top ATAR 99
Princess Hwy Kogarah NSW
9587 1770
www.Jamescookb-h.schools.nsw.edu.au

Successfully educating young men
Open Night

Wednesday, March 4, 5.30 - 7 pm

Dulwich High School of Visual Arts & Design

An information evening for parents and future students. Come and find out about our Art and Design stream, opportunity class and the academic opportunities available within a creative school.

Visit our website for more information:
www.dulwich-h.school.nsw.edu.au
Ph: 9550 7099

Designing Futures

Social ‘Bat Watch’ event:
Friday 6th March 2015 6.30 – 8.00 pm

Come to one of the great urban wildlife refuges in Sydney when you can help the local fauna. Meet Grey-headed Flying foxes at the Sturt Reserve to see and learn about one of Sydney’s most closely monitored species.

Join in the fun to learn about local wildlife and help learn more about these river-side ‘night workers’. Bring a picnic dinner, mug or cup, and insect repellent. There will be ‘baby crabs’ for children young and old to enjoy.

At Sturt Reserve, beside Wallis Creek. Enter via Henderson St, Sturt, or Pickers Ave, Eastwood (please note no toilets at Sturt Reserve).

For more event info: batwatch@sturtfriends.org.au

(Supported by Wall Creek Preservation Society, Ryde City Council, Canterbury City Council, National Parks & Wildlife Service, and Sydney Trains, under a grant from the NSW Environmental Trust.)

Grey-headed Flying foxes skimming Wallis creek to drink and cool down.

St George Illawarra Dragons

Together with R.I.C. Publications we are pleased to announce The best you can be: 2015.

Available now: Order yours today

In this diary, players from the George Illawarra Dragons show how they can live and work to maximize their potential. Students are encouraged to take responsibility for their day to day routines, their schoolwork and extra curricular activities to ensure that they have the best chance in order to live their best lives.

Each week students are encouraged to focus on improving or aspect of their work, from sport, to schoolwork, or even their health and fitness.

Sample pages

Sleepy Heads

March 2015

Sleepy Heads

Sample pages

Pre-order form

R.I.C Publications
10 Boyce Drive, Hornsby
Telephone: 02 4759 3655
Website: www.ricpublications.com.au

Name:

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The CoolKids and Adolescent Health Program:
Helping distressed children & adolescents suffering from somatic health complaints (including recurring headaches, stomach-aches etc).

About 40% of children and adolescents may experience functional somatic health complaints, which are medically benign (that is, they have no identified organic cause). The most common somatic-health complaints experienced by children and adolescents include recurring abdominal pain, gastro-intestinal symptoms, recurring headaches, chest pains, dizziness and nausea. Research has shown that these children are prone to have increased rates of school absenteeism, and this may also have an impact on their learning, peer relations and overall quality of life. Studies have also indicated that up to 80% of children and adolescents struggling to cope with these recurring functional somatic health complaints may also be experiencing anxiety and/or depressive problems.

Our new, CoolKids and Adolescent Health Program is designed to specifically help children learn how to concurrently cope and manage their somatic symptoms as well as learn stress management skills. This program is specifically designed for children aged 7 to 17 years who are experiencing recurring somatic health complaints for at least 3 months (and which a GP or medical specialist has confirmed that the symptoms are medically benign). The program is individually based and involves 10 x 1 hour weekly therapy sessions held at the Emotional Health Clinic at Macquarie University. Interested families will be invited to attend a screening assessment to determine eligibility.

Organisation: Centre for Emotional Health, Macquarie University.

Researchers: Associate Professor Maria Kangas, Prof Ron Rapee, & Prof Mike Jones.

Who is eligible? Children and adolescents aged 7-17 years who are experiencing recurring somatic health complaints for a minimum of 3-months.

Contact: For more information, please contact Assoc. Professor Kangas (email: maria.kangas@mq.edu.au) or telephone (02) 9850 4082.

Version 4 (19.08.2014)